

Benson Millstream Centre Bringing Seniors Together





What do we do?

Benson Millstream Centre is all about helping the senior members of the community in Benson and the surrounding areas.

We open three days a week and provide a nurturing environment where you can make friends and have fun.

Millstream is a completely self funded charity. We we do receive great support from our community, both financially, from individuals, and many local organisations. We have a fabulous group of volunteers with many diverse skills without whom we could not function. Our mission is to assist our wonderful customers to maintain a good quality of life and their independence for as long as possible.

> Lindsay Centre Manager

Millstream opens on a Monday, Wednesday and Friday 11am-2pm offering a welcome cuppa, two course lunch and activities all for for just £10 a session.

We serve a fantastic homecooked lunch prepared by our very own chef Patrick and his team, and offer a variety of activities you can join after lunch. Our lunches can also be delivered if you are unable to attend the centre at a cost of £7 per meal.

We play games (physical and mental!), create crafts, listen to interesting speakers and visitors, watch films and documentaries together, go on local trips and much more. We also host some great fundraising events throughout the year.







Benson Millstream Centre is in Mill Stream cul-de-sac, off the High Street in Benson, near the surgery, our postcode is OX10 6RL

How to Contact us.....

If you would like to find out more about what we do and how you can join us, please see our website for more infomation, give us a call, or pop in.



Benson Millstream Centre Email: bensonmillstreamcentre@gmail.com Phone: 01491834889 www.bensonmillstreamcentre.org Charity No. 1163000







Become a Benson Millstream Centre Supporter

Here at the Benson Millstream Centre, we have been working hard with our amazing team of trustees, staff, volunteers and community supporters to launch the Benson Millstream Centre Supporters (BMCS) initiative.

Becoming a BMCS is a chance to make payments which will help us to fulfill our mission at the Centre. As we are completely self funded and our annual running costs exceed our funds, the membership will help us to keep running the Centre and extend our much needed services.

As a supporter we will keep you up to date with everything we do, send you our quarterly newsletter, and send you a membership certificate. Become a BMCS by making the one of the following donations. The amounts below are the minimum and we would be delighted if you choose to give us more.

Annual donation of £10 per person.

How does it work

Business Membership for £25.00 per annum. As a business member we will advertise your companys logo on our website.

Lifetime membership for a one off donation of £250.00.

All of three types of membership can be donated via the donation page on our website and can be gift-aided this helps us to grow the Centre's charitable funds with no additional cost to yourselves.

Visit our website to join, or call into the Centre and fill in our application form.

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How can I

Our website also has lots of infomation about other ways you can help the Centre, either by volunteering, donating or promoting what we do.

www.bensonmillstreamcentre.org

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